



Fédération Internationale de Bobsleigh et de Tobogganing
Maison du Sport International – Avenue de Rhodanie, 54, CH 1007 Lausanne

Sports Direction : Via Piranesi, 44/B - I 20137 MILANO, Italy
Phone no.: +39.02.7395-1819 - Fax no. +39.02.7000-8071
e-mail:egarde@tin.it

Milano, 10th July, 2009

Our Ref. no. 7956

To: National Bobsled & Skeleton Federations

Subject: Bob School

Ladies and Gentlemen,

For the upcoming competition season, our Federation, in collaboration with the Austrian Bobsled and Skeleton Federation (Österreichischer Bob- und Skeletonverband), will once again organize a bob school at the Igls/Innsbruck track, directed by Mr. Horst Hörnlein.

The school will run from November 8-15, 2009, and is reserved for the following two categories of athletes:

- **Adult athletes** between the ages of 18 and 26;
- **Athletes born in 1993** (16 years of age) who hope to participate in the Youth Olympic Games, which will be held at the Igls/Innsbruck track in 2012.
These athletes must have written authorization from their parents or legal guardians, certified by a notary public or other public official.

This year's bob school will focus particularly on those athletes who intend to participate in the Youth Olympic Games of 2012 at Igls/Innsbruck. The school is especially important since it will be conducted on the same track as the Olympic competitions.

The FIBT considers this initiative as a first step in supporting the National Federations that intend to prepare their athletes for the upcoming Youth Olympic Games.

Eligible participants:

- **Adult athletes:** male and female, between 18 and 26 years of age, from countries that do not have bobsled facilities, and who have not participated in more than one bob school. Athletes who have already participated in an FIBT bob school are admitted only if they have also participated in international FIBT bob competitions during the 2008/09 season. The maximum number of athletes (male + female) admitted from a single country is 6.
- **Athletes born in 1993:** male and female, from countries either with or without bobsled facilities, up to a maximum of 6 participants per nation (male + female). Every athlete born in 1993 – male and female – will receive instruction as a pilot, which means that each athlete will do descents as both pilot and brakeman. Athletes born in 1993 may be accompanied by a national trainer (maximum 1 trainer per country).

N.B. The maximum number of teams admitted to the school (including both adult and teen athletes) is 27, for a total of 54 individual athletes. Because of this limited number, the date of requests for admission to the school will be taken into consideration.

Applications must be sent through the athlete's National Federation and endorsed by its President.

Requirements for admission to bob school

For adult athletes (18-26 years old):

1. Membership in a National Bobsled and Skeleton Federation;
2. Good athletic skills and condition;
3. Medical certificate attesting to the candidate's suitability – from a medical standpoint – to practice the sport of bobsledding. The certificate must carry the full name and address of the doctor;
4. Adequate insurance coverage against accidents relative to the practice of bobsledding that includes emergency room expenses, ambulance transport, hospital stays and third-party liability.
5. Bobsled, integral helmet that meets ECE norms, competition goggles, gloves, start shoes and training kit.

For athletes born in 1993

These athletes must meet all of the above requirements, in addition to written authorization from his/her parents or legal guardians, certified by a notary public or other public official.

Furthermore the members of these Youth crews must wear a **shoulder protection device** (Kevlar waistcoat).

School program

08th November 2009

Arrival of participants at the Gasthof Traube-Isserwirt in Lans

7.00 p.m. official opening

09th November 2009

Morning: general instructions, preparation of materials, track inspection

Afternoon: training on the track

10th to 13th November 2009

Morning and afternoon: training on the track

14th November 2009

Final bob school race, handover of certificates

15th November 2009

After breakfast: departure

Lodging

Gasthof Traube-Isserwirt, Lans, Austria

Phone: +43 512 377261

hotel@isserwirt.at

Enrolment

by 8th October 2009: to be sent using the enclosed form to:

F.I.B.T.
Via Piranesi, 44B
20137 MILANO, Italy
Fax: +39.02.70008071
E-mail: egarde@tin.it

Costs

Only adult athletes between 18 and 26 years of age are required to pay a fee of 300 EUR per person. The fee should be paid as follows:

Made out to:	F.I.B.T. – Fédération Internationale de Bobsleigh et de Tobogganing
Current account no.	236.346698.61Q
Bank:	U B S AG. P.zza Col. Bernasconi, 5 CH 6830 CHIASSO, Switzerland
IBAN:	CH86 0023 6236 3466 9861 Q
BIC:	UBSWCHZH80A

A copy of the payment must be shown to the Director of the school, Mr. Horst Hörnlein, on arrival at the Traube-Isserwirt hotel.

Candidates who fail to pay the quota for participation will not be allowed to take part in the school unless they pay the amount owed in cash to Mr. Horst Hörnlein when they arrive in Lans.

The payment transaction must indicate the names of the candidates for whom the quota for participation is being made

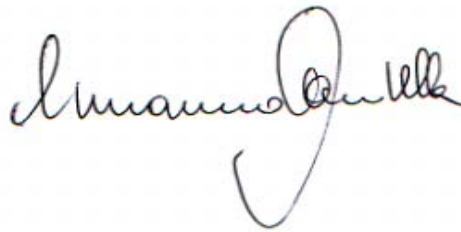
Participants born in 1993 and the trainers who accompany them (one per country) are exempt from payment.

The FIBT will assume the following costs for all participants (adult athletes, teen athletes and the trainers of the latter):

- Food and lodging at the hotel Traube-Isserwirth
- Track rental, transport of sleds to and from the track, emergency medical services at the track facility
- Instructors.

Thank you for your kind attention, and best regards to all.

Ermanno Gardella,
General Secretary

A handwritten signature in black ink, appearing to read 'Ermanno Gardella', with a large, stylized flourish at the end.